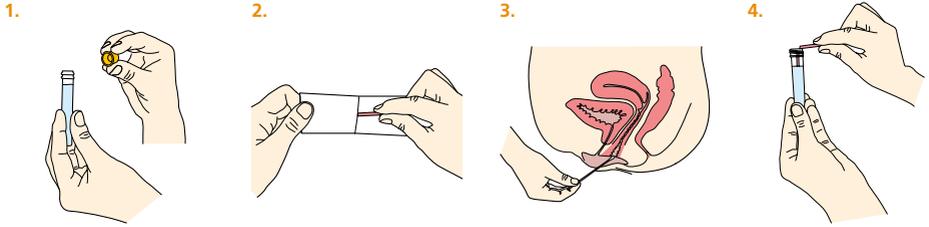


STI Testing



HOW TO TAKE A SWAB SAMPLE

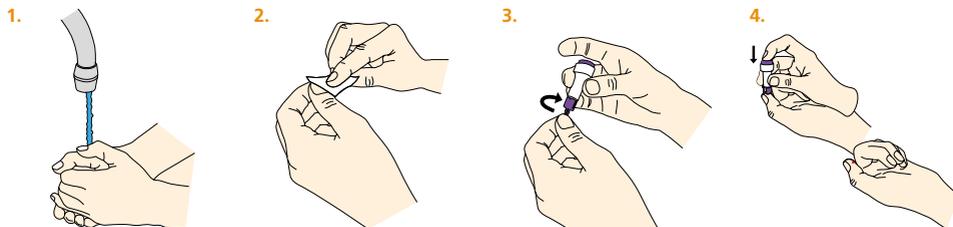


1. Remove cap from sample tube, taking care not to spill the liquid.
2. Remove swab from packet. Don't touch the cotton end.
3. Insert swab 3-4cm into vagina and turn gently against the vaginal walls for 30 seconds. Remove without touching the rest of your body. Take care not to snap the swab.
4. Insert swab into tube. Snap the shaft against the side of the tube (at score-line).

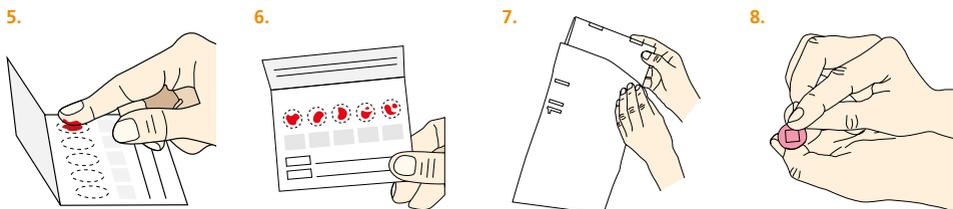


5. Close lid firmly.
6. Place sample into the 95KPA bag and ensure sealed.
7. Place into the addressed envelope with your patient return form filled out and post straight away.

HOW TO TAKE YOUR BLOOD SAMPLE



1. Warm hands by washing with warm water. Make sure they are dried properly.
2. Clean your thumb or finger with an alcohol wipe.
3. Take one of the lancets and twist the cover (one full turn) to release it. Throw the cover away.
4. Push the lancet firmly onto the tip of a finger or thumb and press the button on top. This will prick your finger and draw blood. Massage your finger/thumb until a droplet of blood appears.



5. Spot blood onto each of the 5 circles on the card. Failure to do so may reduce the sensitivity of the screening tests.
6. Leave the card to dry with the desiccant in the plastic carrier for a minimum of 30 minutes.
7. Then place all in to the return envelope provided in the Blood kit. Post straight away.
Note: Blood Samples must be returned in the separate envelope.
8. Apply plaster to pricked finger(s) or thumb.

YOUR TEST RESULTS

Please allow up to 7 working days from when we receive your sample(s) back to receive your test results via text message to the mobile phone number you have provided at registering for a kit. We will only text you once all results are ready. If any of your samples show a positive result or your sample needs re-taking for any reason, we will telephone you to arrange to see you in clinic.

If you have questions about your kit, or if you have not had your test results after 7-10 days please call **0300 123 5474** option 2. Please note, there is a video clip of how to take your sample on our website at www.sexualhealthwirral.nhs.uk



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